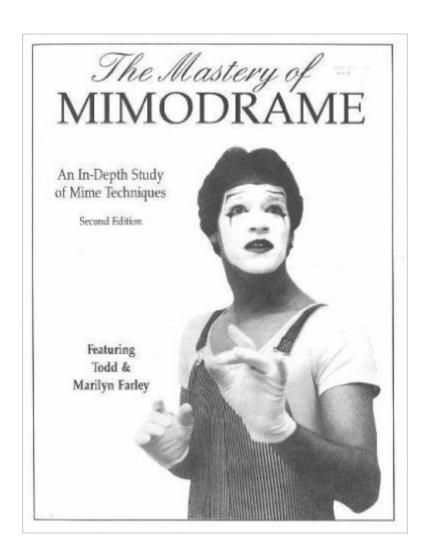
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# The Mastery Of Mimodrame: An In-Depth Study Of Mime Techniques





# **Synopsis**

These international mime artists, trained in Paris by Marcel Marceau, have taught mime workshops around the world. This video and workbook program presents a comprehensive series of mime exercises for student practice and review. Each technique is explained step-by-step in the illustrated book and shown clearly and slowly on the video. Some techniques include: Body Positioning: feet and hand isolations, forward, backward, side inclinations and rotation: Communicating with the Body: the chest, feet, head, hands, pelvis, waist: The Living Character: breath, transfer of weight, rhythm, the stop, the seed, the robot. Also includes the techniques of creating an illusion, object identification and gestural coloration and decoloration. An excellent resource for learning mime technique.

### **Book Information**

Paperback: 34 pages

Publisher: Destiny Image Publishers; 2nd edition (January 1, 1989)

Language: English

ISBN-10: 156043404X

ISBN-13: 978-1560434047

Product Dimensions: 11 x 0.2 x 8.5 inches

Shipping Weight: 5.6 ounces

Average Customer Review: 4.5 out of 5 stars Â See all reviews (2 customer reviews)

Best Sellers Rank: #3,771,147 in Books (See Top 100 in Books) #57 in Books > Arts &

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#### Customer Reviews

A look inside this book gives one a complete understanding how complex or intricate the world of mime is. It is called the "art of silence" because mime uses the body to communicate or telling a story without words. Numerous pictures fill the pages with many focusing on body or hand movements. This book has a companion video. Included in the text is an introduction, glossary of terms, bibliography and SEVEN chapters on instruction. The chapters are titled: Body Positioning, The Body that Talks: Building Characters - communication and symbolism of the entire body. Sculpting the Body covers equilibrium, character construction and how the body gets into a position such as fear. The Living Character chapter involves breath, rhythm, resistance, etc. Big,

Bigger, and Biggest details coloration, decoloration, gestual coloration, etc. Coloration is described as "the augmentation of a thought without the destruction of thought."Object Identification will explain identification, the flower, the rock, etc. And the last, Illusion - creating illusion, techniques of, illusions of transfer, object illusion, etc. The video follows the book's techniques to master communication with clear definition and a how to understanding of mime. You will also hear the French terminology. I can't imagine there being a better set than this. .....Rizzo

This is the only overview of mime technique I have been able to find. (I purchased this, and the companion video, to help me review and refresh mime training I received 35-40 years ago.) I would not recommend purchasing the book without the DVD. The DVD could stand without the book, but the reverse is not true. What the book covers, it covers in detail, but not in such a way that a person could easily learn to perform the movements. It really is a companion pamphlet to the DVD. Here's an overview of what is covered: Basic positioning Building a character Body language Rhythm Variation in intensity (coloration/decoloration) A very basic discussion of how to create the illusion of an object (object identification) Illusion (to learn to apply this you simply must have the DVD, and the book tells you so) Both the book and the DVD give a solid introduction to technique, but the book is truly a very basic, albeit thorough and well-grounded, introduction to the philosophy underlying the technique, and not so much a demonstration of the technique itself.

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